

# PERSONAL TRAINING



**INTRO OFFER: PT STARTER PACK \$129  
DO 3 X 30 OR 2 X 45 MINUTE SESSIONS**

## **1 ON 1 30 MINUTE PT - PRICE PER SESSION**

20 PACK \$55                      10 PACK \$59                      5 PACK \$63                      1 SESSION \$70

## **1 ON 1 45 MINUTE PT**

20 PACK \$66                      10 PACK \$70                      5 PACK \$76                      1 SESSION \$85

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## **2 ON 1 30 MINUTE PT**

20 PACK \$66                      10 PACK \$70                      5 PACK \$74                      1 SESSION \$80

## **2 ON 1 45 MINUTE PT**

20 PACK \$82                      10 PACK \$86                      5 PACK \$90                      1 SESSION \$96

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## **PLEASE NOTE**

The rates per session shown above are based on the pack of PT purchased  
For the 2 on 1 Personal Training sessions, the pricing refers to the total fee of the session, not the cost per person.

**DISCOUNTED GROUP TRAINING FOR PT CLIENTS**

### **OPTION ONE**

**PURCHASE A FIFTEEN PACK OF GROUP TRAINING SESSIONS FOR \$295, DISCOUNTED FROM \$375. THIS OPTION IS RECOMMENDED FOR CLIENTS WHO WANT TO ATTEND 1-2 GROUP SESSIONS PER WEEK.**

### **OPTION TWO**

**GET UNLIMITED ACCESS AT THE REDUCED RATE OF \$47.50 PER WEEK. THIS IS IDEAL IF YOU PLAN TO ATTEND 3-4 CLASSES PER WEEK ON TOP OF YOUR PT SESSION.**

**TO GET STARTED WITH PERSONAL TRAINING EMAIL [INFO@FIELDANDFUNCTION.COM.AU](mailto:INFO@FIELDANDFUNCTION.COM.AU)**